



April 12, 2024

The Raider's Report

The Official Paul Rowe Jr./Sr. High School Newsletter



Paul Rowe Travel Club 2024 students recently returned from their trip where they visited Portugal, Spain, Italy!

Over Spring Break Paul Rowe Travel Club 2024 departed for their European adventure! It was a jam-packed trip spanning three countries and the city-state of Vatican City! Travellers learned about the history and culture of each area that they visited through a series of guided tours and visits to significant historical sites.

Their first destination was Lisbon - Portugal's hilly, coastal capital city. After two days, they carried on to Madrid, Spain's central capital then the City of Barcelona. While in Barcelona travellers even spent a warm afternoon enjoying a beach on the Mediterranean Sea. From there they travelled by cruise ship to the city of Rome, Italy.

After thirteen days away, our travellers returned from this trip tired, but having collected many new experiences and memories. Many have also returned with a desire to continue to explore the world in the future.

A huge thank you goes out to Mrs. Ristesund and Mrs. Presakarchuk for organizing and supervising this wonderful learning experience for our students! Thank you also to the parents who travelled with the group and assisted with supervision!

Parents of grade 9 & 10 students who may be interested in travelling in 2026, please see page 6 for an important message.

Also In this Issue:

- ★ **Travel Club 2026 Organization Has Begun**
- ★ **Open Gym Nights for Community Ages 13+**
- ★ **Skills for Safer Living**
- ★ **Apply Now to Become a Substitute School Staff or Bus Driver**
- ★ **New School Fundraisers**

Important Messages for Parents & Guardians

HEALTHY YOUTH RELATIONSHIPS

Health 7 & 9 classes begin the Healthy Youth Relationships program April 24th. Permission forms and a summary of topics covered have been sent home. Please return signed form indicating which option you approve for your child ASAP.

REPORT CARDS & PARENT TEACHER INTERVIEWS

Report cards will be sent home with students Friday, April 26 with Parent/Teacher Interviews the following Tuesday. Please see pg. 2 for booking info.

HAVE QUESTIONS ABOUT THE NEW SCHOOL?

Regular updates on progress of the new school are shared with parents at School Council Meetings. The next meeting is Monday, April 15 at 7 PM in our Library Learning Commons.

better together

PARENTS & GUARDIANS OF PAUL ROWE STUDENTS

We are better together!

PARENT/TEACHER INTERVIEWS

Tuesday, April 30
4 PM to 7 PM

In-person or phone appointments available. Book online at:
www.paulrowehigh.ca/bookings
OR call our office at 780-836-3397



SCHOOL COUNCIL MEETINGS

Monday, April 15
at 7 PM

in the School Library Learning Commons

All parents & guardians are encouraged to attend.



GRADUATION 2024 ANNOUNCEMENTS:

Parent and Student Meeting Wed., April 24 at 6:30 PM



Grad Ceremony Sat. June 22 at 2 PM at the Jack McAvoy Arena



PAUL ROWE HOSTING OPEN GYM NIGHTS FOR COMMUNITY MEMBERS AGES 13+

Wednesdays from 7-9 PM \$5 Fee

See page 8 for this month's schedule!



Thank you to Shayne and Myrna for the cookies for World Down Syndrome Day! #RockYourSocks2024

Thank you to our March Food for Thought volunteers Pam Galbraith and Mrs. Goodzeck!

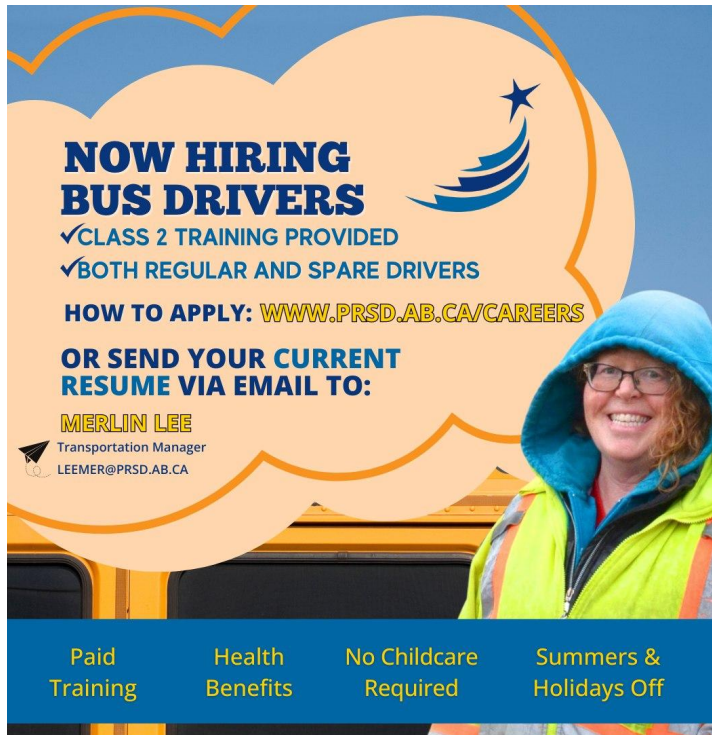
Thank you to our March Hot Lunch volunteers Tanice Richards and Myrna Johnson!

THE 2024-2025 PRSD SCHOOL CALENDAR HAS BEEN APPROVED

[View the approved 2024-2025 Calendar here](#)



OUR COMMUNITY NEEDS BUS DRIVERS!



**NOW HIRING
BUS DRIVERS**

✓CLASS 2 TRAINING PROVIDED
✓BOTH REGULAR AND SPARE DRIVERS

HOW TO APPLY: WWW.PRSD.AB.CA/CAREERS

**OR SEND YOUR CURRENT
RESUME VIA EMAIL TO:**

MERLIN LEE
Transportation Manager
LEEMER@PRSD.AB.CA

Paid Training Health Benefits No Childcare Required Summers & Holidays Off

Are you, or someone you know, interested in working as a **REGULAR OR SUBSTITUTE BUS DRIVER?**

PRSD IS HIRING!

School Bus drivers are not just drivers, they are our students' connection between home and school. In fact, for some students, a cancelled bus means they won't get to school that day.

Apply today for your chance to make a positive impact on education in your community.

Visit <https://www.prsd.ab.ca/careers> to learn more and to create your online portfolio OR send your current resume via email to Merlin Lee, Peace River School Division Transportation Manager at Leemer@prsd.ab.ca.

APPLICATIONS FOR SCHOOL-BASED SUPPORT STAFF SUBSTITUTES ARE ACCEPTED ON AN ONGOING BASIS!

There is currently a high need for substitute Educational Assistants, Information Specialists (Library), Office Managers, and Classroom Supervisors in Manning.

Visit <https://www.prsd.ab.ca/careers> to learn more or start the application process!



Skills for Safer Living:

a suicide intervention group for youth and their caregivers

A program of the Resource Center for Suicide Prevention

Topics include:

- Understanding Feelings
- Keeping Safe
- Caring Connections
- Making Choices

Do you have thoughts of suicide?

This four-week group is for youth and young adults aged 12-24 who are interested in understanding the thoughts and feelings that lead to thinking about suicide and how to make safe choices. A separate caregiver group will run at the same time and location for caregivers whose youth are experiencing thoughts of suicide.

Register

Use the QR code below or email Tammy at info@sp-rc.ca

April 16th to May 7th
Tuesdays from 6:00-7:30PM

Held over Zoom



THANK YOU TO THE MANNING FOOD BANK FOR SETTING US UP WITH A WEEKEND PROGRAM FOR OUR STUDENTS!

IF YOUR FAMILY IS IN NEED OF SUPPLEMENTING YOUR FOOD SUPPLY OVER THE WEEKEND, PLEASE REACH OUT TO ACCESS OUR WEEKEND PANTRY PROGRAM

JUST CONTACT ANYONE AT OUR SCHOOL OFFICE AND WE WILL HELP YOU OUT 780-836-3397 OR EMAIL US AT PAULROWEHS@PRSD.AB.CA

MARCH SCHOOL EVENTS

PREPARING FOR LIFE AFTER HIGH SCHOOL



Over 50 students in grades 9-12 travelled to Grande Prairie to attend the Youth Career Discovery Expo to learn more about life after high school. At the Expo they were able to interact with several post secondary institutions, trades, and business people. Thank you to the City of Grande Prairie for hosting and to Mrs. Bak for organizing the trip for our students!

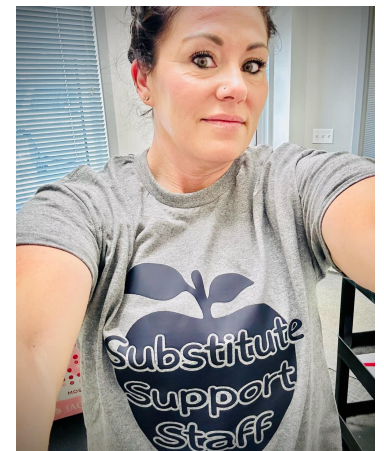
Closer to home, students also had the option to attend an interactive presentation from Olds College where they learned many helpful tips and tricks to help ease their transition to post-secondary, regardless of the institution that they may choose to attend.

BIG CRUNCH CHALLENGE



March was Nutrition Month, so we crunched some veggies for the Big Crunch challenge! Thanks to Ms. Perrier, Mrs. Schmidt, Mrs. Goodzeck, Mrs. Goddard, and Shayne for preparing our veggies! To view the video visit our [Facebook page!!](#)

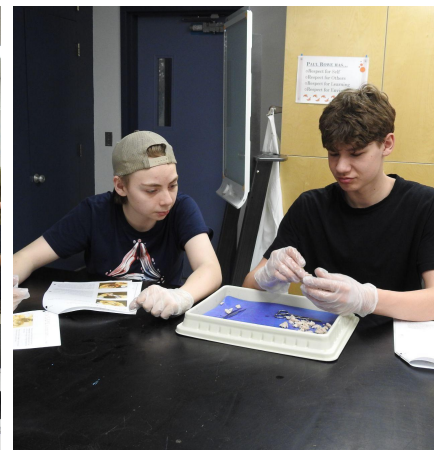
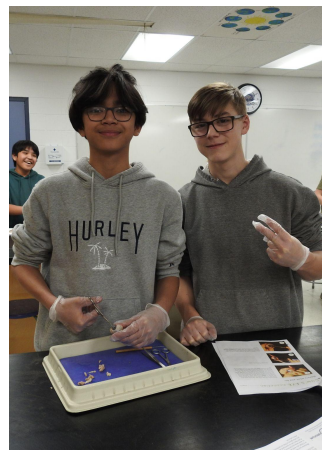
SUBSTITUTE APPRECIATION WEEK



March 11-15 was Substitute Appreciation Week! Thank you to all of our substitute teacher and support staff for your contributions to our school - we couldn't do it without you!

HANDS ON LEARNING IN THE SCIENCE LAB

Science classes regularly visit the science lab for hands-on learning in Chemistry, Biology and Physics. Recently Science 8 students visited the lab and learned more about the structure and function of the human eyeball by performing a step-by-step dissection of a sheep eyeball.



MARCH SCHOOL EVENTS

SCOER MARCH MADNESS SPIRIT WEEK



To kick off March Madness our senior basketball teams mixed up their teams for an epic challenge!



On Rhyme Without Reason day, students wore outfits that rhymed - with absolutely nothing else in common!

Below: Students took part in SCOER's 1st Annual Bunny Bowl competition! Congratulations to the grade 12s who placed first! Thank you to SCOER and Mrs. Schmidt for planning these spirit week activities!



Paul Rowe High School SCOER Presents

RAIDERS NATION CO-ED VOLLEYBALL TOURNAMENT

APRIL 26-27

A COMMUNITY EVENT FOR AGES 15+
MORE INFORMATION, RULES AND
REGISTRATION LINK CAN BE FOUND
ON PAGE 8

MARCH SCHOOL EVENTS

SPECIAL VISITOR FROM SPAIN



Thank you to Rosary School for sharing Miss Alonso with us! Miss Alonso is a foreign exchange Principal/Teacher who was visiting from Spain.

She visited our Travel Club students prior to their Spring Break trip to European countries which included Spain. She shared first-hand knowledge and information about her country, culture and language.

MORE PAUL ROWE TRAVEL CLUB 2024 HIGHLIGHTS



TRAVEL CLUB 2026 PLANNING FOR CURRENT GRADE 9 & 10 STUDENTS BEGINS NOW!

Parent and student meetings will begin soon, however interested parties should contact Mrs. Ristesund ASAP.

Note: Students have the opportunity to fund a significant portion of their trip through community service fundraisers.

ATHLETICS

ARCHERY TOURNAMENT



Our Archery team recently competed in an inter-school tournament!

Congratulations to all of our Archers on their awesome showing! Special congratulations go out to Mya and Sam who placed first and second in their division!

Thank you to coach Matt Taylor for your work with this team! Thank you to Dixonville School for hosting the tournament!

BASKETBALL



Congratulations to our Senior High Girls team who won a silver medal AND were chosen to receive the Sportsmanship Award at the 1A Senior High Zones tournament! Special thanks to coach Blake for your work with this team!



Congratulations to the 2024 Senior High Boys who are the 2023-2024 League Champions and Senior High Zones bronze medal winners! Special thanks to coaches Gerald Eligado and Josh Eligado!



Our Junior High Girls and Boys teams may have been small but were dedicated and fierce competitors! Some of our girls even played on both of our junior and senior high teams! Special thanks goes out to Manning Elementary School recruit Charlie for playing on our girls team this season. Special thanks also go out to our junior girls coaches Erika Bacso and Mandy Davidson, and to our Junior Boys coaches Joseph Fulleros and Michael Deleon!



UPCOMING SPORTING EVENTS FOR THE COMMUNITY



RAIDERS OPEN GYM

APRIL 10TH	BADMINTON	7-9 PM
APRIL 17TH	BASKETBALL	7-9 PM
APRIL 24TH	VOLLEYBALL	7-9 PM
MAY 1ST	FLOOR HOCKEY	7-9 PM

LOCATION: PAUL ROWE JR SR HIGH

AGES: 13+
FEE: \$5

CONTACT PAUL ROWE SCHOOL AT
(780) 836-3397 FOR FURTHER INFORMATION

Paul Rowe High School SCOER Presents

RAIDERS NATION

CO-ED VOLLEYBALL TOURNAMENT

APRIL 26-27

Entry Fee - \$300/team

8 TEAMS

Cash Prize: 1st & 2nd Place
Prize for Best Dressed Team

New School Fundraiser!

RAFFLE TABLE & 50/50

- ages 15+
- minimum 2 females on court

Canteen Open Friday & Saturday

To Register
Scan QR Code



Questions? 780-836-3397

AUGUST 12TH-16TH, 2024

MANNING VOLLEYBALL CAMP

LOCATION: PAUL ROWE GYM

The camp will focus on technical volleyball skills, positional development and game play.

Lead Instructor: Paul Armbruster brings a wealth of experience to the volleyball court having played professional volleyball in Norway as well as coaching experience at the jr/sr high level, Team Alberta & College level.

Get your game off to a good start for the 2024 season.

All levels of experience are welcome.

Early Bird Price \$199 until March 31st

\$225 after April 1st

Limited Spots Available

2024/2025 School Year
Grades 5-6 9:00-11:30am
Grades 7-9 1:00-4:00pm
Grades 10-12 6:00-9:00pm

FOR MORE INFO OR TO REGISTER
TEXT KRISTI
780-626-0025

2024

2-BALL SCRAMBLE



NEW SCHOOL YARD FUNDRAISER
IN PARTNERSHIP WITH
PAUL ROWE SCHOOL FOUNDATION & MANNING ELEMENTARY ENHANCEMENT SOCIETY

\$170 PER TEAM OF TWO



CONDY MEADOWS
MANNING, ALBERTA

SATURDAY MAY 25
10AM SHOTGUN START

REGISTRATION OPENS **APRIL 1**

TONS OF **PRIZES!** TO BE WON!

ALL SKILL LEVELS WELCOME!
MENS, WOMENS & MIXED TEAMS

REGISTER & PAY ONLINE!

Scan the QR code & create your upswing account before proceeding!



Questions?
Contact Jono at 780-836-0576 or
manning.golf.tournaments@outlook.com

- FIRST 45 PAID TEAMS ACCEPTED
- LUNCH & SUPPER INCLUDED!
- CARTS INCLUDED!
- 50/50
- PURCHASE MULLIGANS (LOWER THOSE SCORES!)
- RAISING MONEY FOR A GREAT CAUSE!



PAUL ROWE JR./SR. HIGH SCHOOL APRIL 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 Mighty Moose Band Fundraiser Doors open @ 4 PM	15 School Council Meeting 7 PM	16 Hot Lunch: Sings	17 Open Gym: Basketball (13 +) 7-9 PM \$5 entry	18 Handgames Tournament Field Trip Study Cafe 3:30-4:30 PM	19 No School for Students (Staff Meeting & Professional Development Day)	20 Science Olympics Competition in Fairview
21	22	23 Hot Lunch: Mugs N' Dough	24 Grad 2024 Meeting Students & Parents 6:30 PM Open Gym: Volleyball (13 +) 7-9 PM \$5 entry	25 Study Cafe 3:30-4:30 PM	26 Free Hot Lunch - Sponsored by Tyler Stone Family Term 3 Report Cards sent home with students	27 Science Olympics Competition in Fairview
28	29	30 Hot Lunch: Snack Shack Parent/Teacher Interviews 4-7 PM	MAY 1 Archery Tournament @ Rosary School Open Gym: Floor Hockey (13 +) 7-9 PM \$5 entry	2	3 E-Mail Out to Parents/Guardians	4 SCOER Hosts Raiders Nation Co-Ed Volleyball Tournament (New School Fundraiser)
MAY: <ul style="list-style-type: none"> Education Week May 6th to 10th 7 Hot Lunch: Humble Pie (Hamburger Macaroni Soup & Bun) 17 No School for Students (Staff Meeting & PD Day) 20 No School (Victoria Day) 22 Open House & Orientation for New 2024-2025 Students 						
JUNE: <ul style="list-style-type: none"> 7 No School for Students (Staff Meeting & PD Day) 11 Diploma Exams Begin for 30-Level Courses TBA Last Day of Classes / Exam Week Begins 21 National Indigenous People's Day 22 Class of 2024 Graduation Ceremony 2pm 27 Report Cards Released 						