



December 5, 2023

The Raider's Report

The Official Paul Rowe Jr./Sr. High School Newsletter

Senior Girls Volleyball finishes 4th at Provincials!



Also In this Issue:

- ★ Save the Dates:
- Annual Family Christmas Celebration
- ★ Diploma and Final Exam Week Info
- ★ SCOER Christmas Food Drive Campaign
- ★ SCOER 2 Weeks of Spirit Days
- ★ November Events
- ★ Volleyball Season Wrap Up

Our Senior High Girls team had an awesome season! They played with such heart and hustle! They hit hard, dug deep to go undefeated at the zones tournament and walked away with 4th place in the Province! Thank you to coaches Kristin Mortson and Glenn Holmes, as well as staff reps Mr. Hyatt and Mrs. Ristesund! See page 9 for more picture action!

Important Information for Parents & Guardians

SENIOR HIGH SEMESTER 2 TIMETABLE SELECTIONS TO BE MADE SOON

While all students initially selected classes last spring, December provides an opportunity to reevaluate course selection to ensure graduation requirements are met.

STUDENTS' FAMILIES INVITED TO OUR ANNUAL CHRISTMAS CELEBRATION

Join us Thursday, December 21 for our Christmas Showcase at 10:30 AM and/or our Turkey Dinner served at noon. *This is a full day spirit day with activities for Paul Rowe students from 9 AM to 3:30 PM. Students must attend for the full day to be eligible to win any prize draws.*

SENIOR HIGH DIPLOMA & FINAL EXAMS BEGIN MID-JANUARY

ELA 30-1 and 30-2 Part A Diploma Exams begin on Wednesday, January 10th. The last day of regular semester 1 classes for Grade 12s is Friday, January 19th, Grade 10&11's last day of classes is Tuesday, January 23rd. Final exams begin Monday, January 22nd. Full exam schedule to follow.

better together

PARENTS & GUARDIANS OF PAUL ROWE STUDENTS

We are better together!



ANNUAL FAMILY CHRISTMAS CELEBRATION

Thursday, December 21

Christmas Showcase @ 10:30 AM

Turkey Dinner @ Noon

Our students families are invited to join us for our annual Christmas Showcase and Turkey Dinner!

This is a full day spirit day with activities for Paul Rowe students from 9 AM to 3:30 PM. Students must attend for the full day to be eligible to win any prize draws.

GRADE 10 - 12 DIPLOMA AND FINAL EXAMS BEGIN MID-JANUARY

- **Wednesday, January 10:**
Diploma Exams begin, ELA 30-1 and 30-2 Part A.
- **Monday, January 22:**
Final Exams begin for Grades 10-12



The full exam schedule will be shared via email and posted to our website once finalized.

UPCOMING DATES OF INTEREST FOR OUR PARENTS/GUARDIANS

December:

- ★ 7 Hot Lunch Order Forms Due
- ★ 21 SCOER Community Christmas Hamper Campaign Ends
- ★ 21 Annual Family Christmas Celebration
- ★ 22 Christmas Break Begins

January:

- ★ 8 Classes Resume
- ★ 10 Diploma Exams begin
- ★ 15 School Council Meeting
- ★ 19 Last day of regular semester 1 classes for Grade 12
- ★ 22 Final exams for grades 10-12
- ★ 23 Last day of regular semester 1 classes for Grades 10&11

View our calendar at www.paulrowehigh.ca for the most up-to-date list of events.

DECEMBER SCOER INITIATIVES



merry CHRISTMAS

★CHRISTMAS HAMPER CAMPAIGN★

EVERY ITEM GETS YOU A SOLE
REWARDS SIGNATURE!

DECEMBER 4-8
GRAINS & PASTA

DECEMBER 11-15
CANS & JARS

DECEMBER 18-21
SNACKS & CEREAL

PAUL ROWE HAS SOLE

The poster features a snowman on the left, a Christmas tree on the right, and several wrapped gifts at the bottom. The background is decorated with stars and candy canes.



Instagram

To stay up-to-date with the SCOER news and events, follow them on [Instagram](https://www.instagram.com/paulrowe.scoer):

[paulrowe.scoer](https://www.instagram.com/paulrowe.scoer)

PAUL ROWE RAIDERS PRESENT TWO WEEKS OF CHRISTMAS SPIRIT!

MONDAY

DECEMBER 11

Favorite Flannel

TUESDAY

DECEMBER 12

Winter
Wonderland

(wear blue & white)

WEDNESDAY

DECEMBER 13

Christmas Tree
(wear lights, tinsel
& bows)

THURSDAY

DECEMBER 14

Santa's
Workshop
(wear Santa hats,
elf shoes, etc)

FRIDAY

DECEMBER 15

Christmas
Colors
(wear green & red)

MONDAY

DECEMBER 18

Toque & Mittens

TUESDAY

DECEMBER 19

Ugly Sweater &
Festive Clothing

WEDNESDAY

DECEMBER 20

Cozy Day
(wear pajamas) &
slippers)

THURSDAY

DECEMBER 21

Formal Day

FRIDAY

DECEMBER 22

Christmas Break

NOVEMBER SCHOOL EVENTS

SPECIAL THANK YOU GOES OUT TO ALL OF THE VOLUNTEERS WHO HELPED KEEP OUR STUDENTS' MINDS AND BODIES NOURISHED IN NOVEMBER!

Thank you to our free homemade hot lunch volunteers:

- Hailey Stone
- Eileen Stone
- Kelsi Pakula

Our students loved the lasagna!



Thank you to our regular hot lunch volunteers:

- Tanice Richards for organizing
- Myrna Johnson
- Jen King

Thank You to Our November Food for Thought Breakfast Program Volunteers:

- Bert Goddard
- Terra Goodzeck
- Matt Taylor

To volunteer for any of these programs please contact Mrs. Goodzeck at our school office: (780) 836-3397.



To stay up-to-date with announcements, invitations and events events between emails, it is also recommended that parents and guardians also:

- ❑ Check email and voicemail for messages from the school regularly
- ❑ Visit our school website often: www.paulrowehigh.ca/
- ❑ Follow our school on Facebook: <https://www.facebook.com/PaulRoweHigh>

NOVEMBER SCHOOL EVENTS

METIS WEEK CELEBRATED AT PAUL ROWE



It was an honour to receive a Metis flag for our school during Metis Week. Georgina Supernault, president of the Manning Métis Local, and her entire board joined us for a special assembly to present the flags. Ms. Supernault spoke to the students about the importance of Métis Week, Cassandra Vreeling sang the Métis National Anthem and Elder Joyce Parenteau shared a prayer.

Thank you so much to the Manning Metis Association for sharing your knowledge and culture with us and presenting us with this very special gift which will be displayed inside our school building.

REMEMBRANCE DAY



A special student led ceremony was held on November 10 in honour of Remembrance Day. Thank you Emma, Ava, Kenna, and Savanna for acknowledging the courage and sacrifice of those who served our country.

A special thank you also goes out to Cst. Sande and Cst. Fraser of the Manning RCMP for joining us. Thank you also to Mr. Davidson, Mr. Hyatt, and Mr. Taylor for your roles in organizing.

INDIA CULTURE WEEK



Our Citizenship group shared some of India with us through an informational slideshow and a delicious meal of Indian Cuisine!! Thank you to these students for leading us in learning more about others and to Mr. Taylor for organizing this group.

Our Citizenship Group's next culture week will highlight Spain!

Any students who would like to help should see Mr. Taylor.

WISEST SET Conference 2023



A group of ten Grade 10 to 12 students attended the University of Alberta WISEST (Women in Scholarship, Engineering, Science and Technology Conference) SET (Science, Engineering and Technology) Conference the weekend of November 25th accompanied by Mrs. Anita Bak and Ms. Tamara Czaban. The conference is an interactive day designed to show girls that there is more to science than medicine, more to engineering than building bridges, and more to technology than sitting behind a computer screen.

The students were able to participate in several hands-on STEM activities, explore many of the buildings on the University of Alberta campus, meet like-minded peers from across the province, meet university students and learn what it is like to be a student in a SET department, and talk with role models in SET based careers about their experiences. They explored diverse careers in science, engineering, and technology, learned about work-life balance in SET careers, discovered how SET careers make the world a better place, gained insight into different career paths in SET, and learned that SET jobs are interesting, collaborative, diverse and support every aspect of our lives.

Thank you to Voices for Education, WISEST, and Paul Rowe School Council Foundation for their support in providing this amazing opportunity for our students. Thank you to Ms. Mitchell for driving us.

NOVEMBER SCHOOL EVENTS

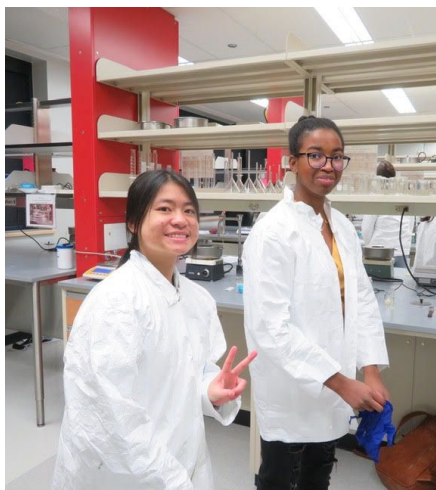
WISEST SET Conference 2023



Keira, Phoebe and Michelle
(Paleontology) Fossil Bones and Mapping Zones



Ciera
(Math and Art) Rubik's Cube Mosaic Painting:
Where Art and Math Collide in STREAM



Justine and Chloe-Lee
(Pharmacy) Once Lip Balm a Time



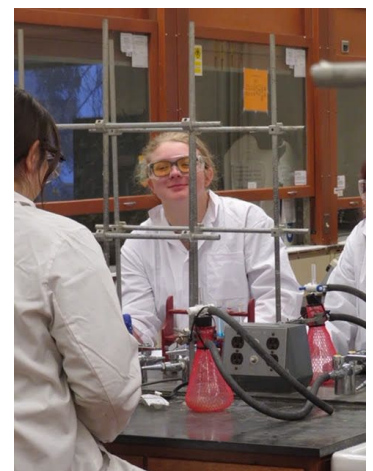
Mandy
(Engineering and Chemistry) Ocean De-Acidification -
Engineering Solutions by Harnessing the Power of Bubbles



Shelby
(Chemistry) Polymers in Your World



Tayla and Kenzie
(Food Science/Chemistry) From your Plate to the Lab



NOVEMBER ATHLETICS

RAIDERS FITNESS ROOM IS NOW OPEN!



Paul Rowe Jr./Sr. High School is proud to share that we have opened a fitness room at the school! The room will be used by PE classes and is available for students to work out during SOLE time and at lunch. A big thank you goes out to Murray Capon, Cheri Paulovich, Mrs. Goddard, Mr. Olischefski, and the Sr. Boys Volleyball team for helping get the room set up. Thank you also to Deb Perrier and Cheri Paulovich for the donation of an elliptical machine and free weights.

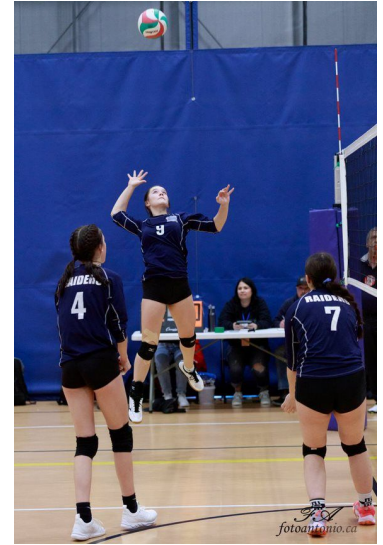
PEP RALLY



On Tuesday, November 2nd, Paul Rowe Jr./Sr. High School held a school-wide pep rally to celebrate our fall sports teams. Athletes who participated in cross country running, golf, and volleyball were recognized for their extraordinary efforts, contributions, and achievements in their sport. The pep rally was a whole lot of fun, concluding with music, games and prizes. Roll Raiders!!

NOVEMBER ATHLETICS

PROVINCIAL 4th PLACE WIN FOR OUR SENIOR HIGH GIRLS TEAM

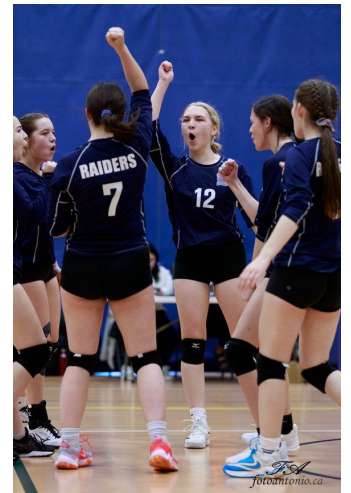


The Paul Rowe Senior High Girls Volleyball Team would like to express sincere thanks to their sponsors this season:

- County of Northern Lights
- True North Electric
- IDA
- Janet Vandemark
- Patricia Ford
- DJ Construction
- JoDotCom
- Silvertip
- ESSO
- Venture Parts
- Remax Manning
- Nicklason Stock Farms



- Town of Manning
- MFWC
- Pat Ek
- STAT
- Manning Towing
- JL Financial
- Dartan Wood Products
- Neil's
- MCR
- Advantage North
- TK Services



NOVEMBER ATHLETICS

PAUL ROWE HOSTS 1A SENIOR BOYS ZONES TOURNAMENT

Paul Rowe Raiders and Parents would like to express sincere thank you to all who supported our Raiders and the hosting 1A Senior Men's Zones this year.

Sponsors for Team Gift Bags:

TNC Construction - Gatorade

Rose Wheels to Heal and Massage - waters and chips

Freson Bros Manning - oranges and granola bars

Subway - cookies

Aurora Theatre - popcorn

Snack Shack - ice cream

Paul Rowe - pens, pencils, and magnets

Patricia Ford and Tacel Saneo - Player of the Game



Parents and Friends:

Jen P., Cheri P., and Shawna N. for Saturday Breakfast preparations

Sheree W., Jen C., and Tina K., for Coaches/Refs/Officials room food and beverages

Jessica L., for being our Parent Rep

Coaches for your dedication to our kids

Refs, Officials, and Linespeople for your commitment to the game

To the fans for your support

To the players for your love of the game

Paul Rowe High School:

Athletic Director, David Hyatt - overall organization, announcing, and committing his weekend to the event

SCOER - Canteen

Staff volunteers - preparations, supervising, and being here to support the Raiders

ZONES SILVER MEDAL WIN FOR OUR SENIOR HIGH BOYS TEAM

Our Senior Boys Team had an amazing season with many gold and silver medal wins! They played very hard at the zones tournament and walked away with the silver medal after a very close gold medal match!

Thank you to coach Mike McGillivray, assistant coach Jackson McGillivray and staff rep. Mr. Hyatt!



NOVEMBER ATHLETICS

JUNIOR HIGH VOLLEYBALL



Congratulations to our Junior Raiders who played hard and had fun this season!



At zones:

- our Junior Girls A team (top) battled it out in the bronze medal match!
- our Junior Boys team (middle) made it to the quarterfinals!
- Our Junior Girls B team (bottom) were very proud after earning the title of league champions!



Thank you to our Junior High Coaches: Mrs. Ristesund, Cleo Pawluski, Mrs. Ristesund and Becky Richmond. Thank you also to staff reps Mr. Olischefski, Mr. Hyatt and Mrs. Ristesund!

Thank you to all of the players who have made this season such a success, to the coaches who have led these kids through an awesome season, and to the parents and spectators for all of your support! Way to Raiders!!

**Come join us Dec. 16th at the
Community Christmas Party Dinner and Dance
to raise funds for our new school yard!**

Community
Christmas
PARTY

December 16th, 2023



Individual Tickets
Available at Big North
Graphics

Cocktails 530pm ✦ Dinner 630pm ✦ Raffles ✦ Live Auction ✦ Dance

*Traditional Christmas Dinner & Midnight Lunch
By Northern Lights Catering*

Reserved Tables Available \$700/table

✦ Limited VIP Tables \$800/table

Includes Early Event Access, Permanent event Seating,
Complimentary Wine & Holiday Appetizers for 8 & Bottle Service until 9pm

CONTACT CHRIS GRAW TO PURCHASE VIP OR RESERVED TABLES 780-836-0888

Eat. Drink. Dance. Be Merry.

New School Yard Fundraiser

PRESENTED BY PAUL ROWE SCHOOL FOUNDATION & MANNING ELEMENTARY
SCHOOL ENHANCEMENT SOCIETY

Live Music
Featuring the **DRIVE
DOGS**



PAUL ROWE JR./SR. HIGH SCHOOL DECEMBER 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4 Round 2 of Jr. High Options Classes and Numeracy/Literacy Classes Begin	5 Expected Calahoo Meats Delivery Hot Lunch: Neighbors (Quesadilla)	6 Northern Lakes College Visit	7 Hot Lunch Order Forms Due Study Cafe 3:30-4:30 PM	8	9
10	11 Christmas Spirit Day: Favourite Flannel	12 Hot Lunch: Maylene's Christmas Spirit Day: Winter Wonderland (wear blue & white)	13 Christmas Spirit Day: Christmas Tree (wear lights, tinsel & bows)	14 Study Cafe 3:30-4:30 PM Christmas Spirit Day: Santa's Workshop (wear Santa hats, elf shoes, etc.)	15 Herman Sutherland Hand Games Training PM Christmas Spirit Day: Christmas Colours (wear green & red)	16
17	18 Christmas Spirit Day: Toque & Mittens	19 Hot Lunch: Sings Christmas Spirit Day: Ugly Sweater & Festive Clothing	20 Christmas Spirit Day: Cozy Day (wear pajamas & slippers)	21 Annual Family Christmas Celebration Showcase 10:30 AM Turkey Dinner Noon Student games and prizes all day Christmas Spirit Day: Formal Day	22 Christmas Break begins	23



PAUL ROWE JR./SR. HIGH SCHOOL JANUARY 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8 School Resumes	9 Hot Lunch: Mugs & Dough	10 Diploma Exam: ELA 30-1 Part A ELA 30-2 Part A	11	12 E-mail Out to Parents/Guardians	13
14	15 School Council Meeting 7:00 PM	16 Hot Lunch: To be announced	17	18 Study Cafe 3:30-4:30 PM	19 Last day of Semester 1 classes for Grade 12	20
21	22 Diploma Exam: Math 30-1 Math 30-2 Final exams begin for Grade 12	23 Diploma Exam: ELA 30-1 Part B ELA 30-2 Part B Last day of Semester 1 classes for Grade 10&11 Hot Lunch: To be announced	24 Final exams begin for Grades 10&11	25 Diploma Exam: Biology 30 Study Cafe 3:30-4:30 PM	26	27
28	29	30 Hot Lunch: To be announced	31 No School			

Exam schedule for grades 10-12 will be released soon