



June 2021

Raider's Report

Paul Rowe Jr./Sr. High School Newsletter

Honouring the Children

Remembering the lives affected by Residential School history



Also in this Issue:

- * **Important Year-End & 2021-2022 Information for Parents/Guardians**
- * **New Division and School Websites Launched**
- * **Class of 2021**
- * **Volleyball Coaches Needed**
- * **Event & Classroom Updates**

Upcoming Events:

June:

- * **7 No School for Students**
- * **22 Last Day of Regularly Scheduled Classes**
- * **23-25 Course Completion Days**
- * **25 Grad Celebration**
- * **28 Operational Day for Staff**

August:

- * **25 Staff Meeting/PD Day**
- * **26 PD Day Kick-Off**
- * **27 Operational Day**
- * **30 First Day of Classes**

Parents and Guardians:

In Your Family's Mailout:

- *ADLC Progress Reports
- *End of year Work Experience, RAP & Volunteer Information
- *Yearbook Sales Information Sheet

Important Messages for Parents/Guardians:

Information for the 2021-2022 school year is being shared in this mail out. Further information such as school supply lists will be mailed home and posted to our school website by June 28th.

Prefer to receive your newsletter by E-mail?

Please visit www.paulrowehigh.ca and send a message requesting email newsletters to our school office.

These 215 cutouts have been placed to honour the 215 lives lost at the Kamloops Residential School

Recently, our nation learned the tragic news of 215 undocumented children's remains found at a residential school in Kamloops, BC. This news has sent our nation into mourning and has touched every Canadian. In response to this news, the Paul Rowe Aboriginal Studies 10/20/30 class felt strongly that they honour these children and their families, and continue sharing with others how the generational trauma that Indigenous people across our country, province and town continue to struggle with. We recognize that residential school history has affected us all and that we have families in Manning that have been directly impacted by this news. To honour the children, students cut out 215 small human figures that will line our front sidewalk as a way to pay tribute to them and acknowledge their families' loss. Paul Rowe students and staff

stand with the Truth & Reconciliation Commission's 94 Calls to Action. This act of remembrance will be on display for 215 hours to June 9th. If anyone is experiencing difficulty with this news, please contact the helpline Indian Residential Schools Crisis line at 1-866-925-4419.

This is how we at Paul Rowe wanted to join our voices with the division, province and nation in showing our respect for those who have been affected by this loss.

Thank you to all who helped us with this project!



www.paulrowehigh.ca

Important Information for Parents/Guardians

Grades 7-12

Last day of scheduled classes for 2020-2021 school year

The last day of scheduled classes for students in grades 7-12 is June 22, 2021. Please be aware that June 23, 24 and 25, 2021 are days set aside for grades 7-12 students to complete unfinished assignments and seek help from teaching staff.



Access your child's marks and attendance online

Through the  PowerSchool app

Learn more at prsd.ab.ca



Register Students for 2021-2022 Online

1. Go to: <https://www.prsd.ab.ca/registration>
2. Select "New Student Registration" or "Returning Student Registration".
3. If the registration is for a new student, create your account and complete the form. For returning students, enter the snapcode which will be provided by your school soon.
4. Sign in to your account.
5. Add student or verify the information.
6. Answer the each validation question and click "Next".
7. Complete the registration form and submit. To register another new student click the link to "Add Another Student."
8. Save and log out.

Need help?

Please call our school office at 780-836-3397 or PRSD Central Operations at 780-624-3650.

Further information for 2021-2022 such as school supply lists, school calendar, etc. will be mailed home and posted to our school website on June 28th.

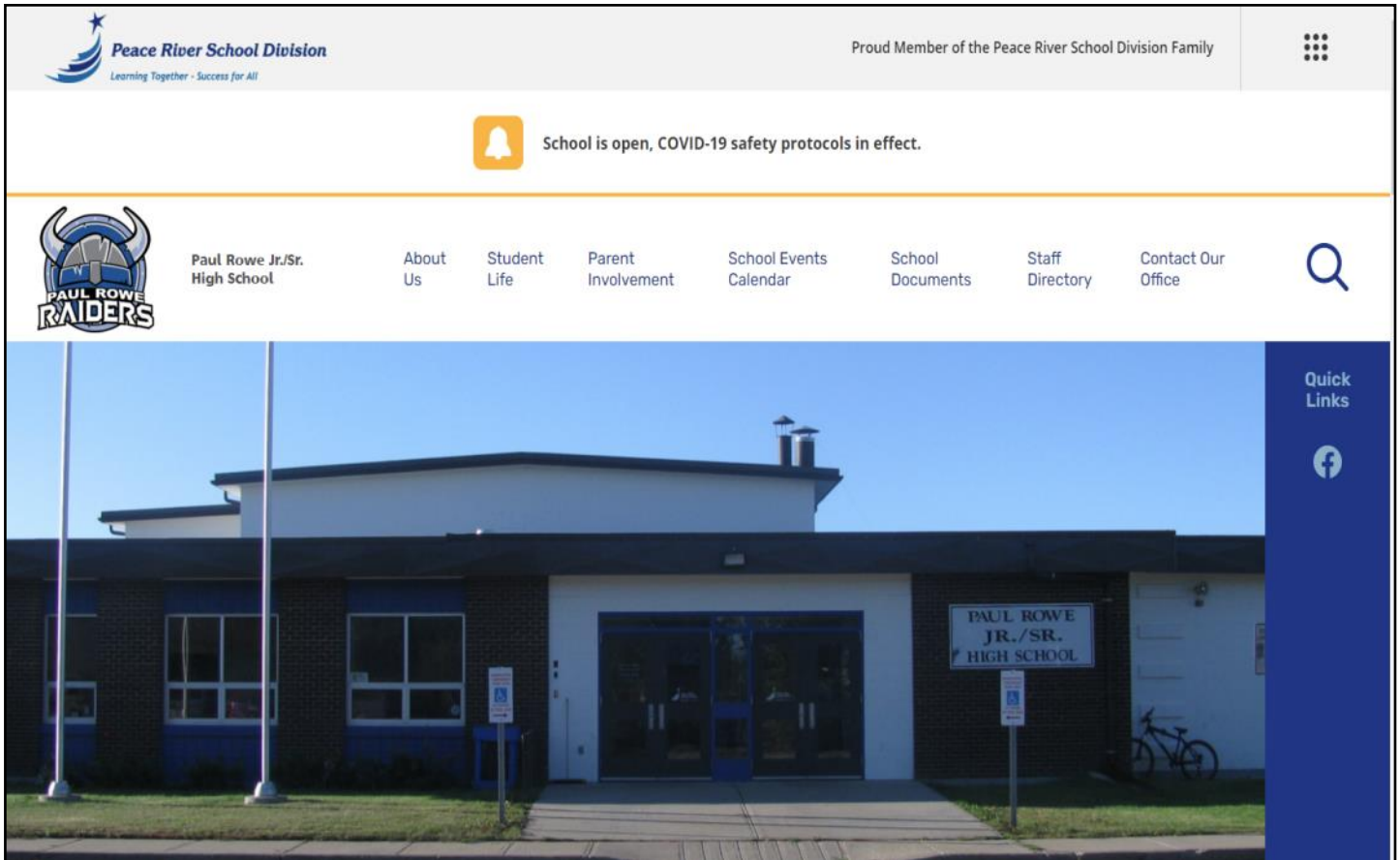


PRSD to launch new high school virtual learning program

On May 13, 2021 PRSD announced the launch of a new high school virtual learning program which will be available for the 2021-2022 school year. The program will cater to students seeking high school programming and will be supported by dedicated virtual learning teachers and support staff.

The full news release may be viewed on our homepage under "Divisional News". **More information as to how this may benefit Paul Rowe high school students will be shared with stakeholders as it becomes available.**

Check Out Our New School Website!



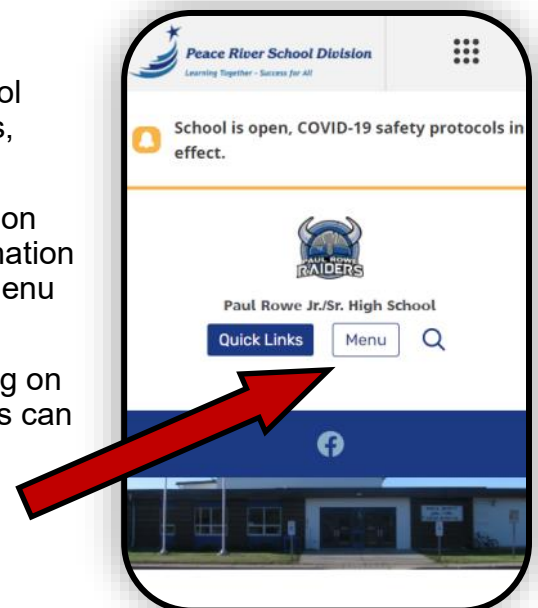
On Monday, May 17, Peace River School Division (PRSD) launched a new divisional website and new school websites. Some highlights of the new websites include:

- increased mobile and multi-device functionality
- modernized layout
- collapsible navigation menus, and
- school status alerts.

Check out our updated school website: www.paulrowehigh.ca!

Navigation Hints:

- Scroll down to view announcements and news articles, school events calendar and find shortcuts to school bus route status, Powerschool, our staff directory and more.
- Other PRSD Quicklinks for Parents can be found by clicking on the “waffle” in the top right corner of the screen. More information for students and helpful links can be found under the main menu heading “Parent Involvement.”
- Popular links for Paul Rowe students can be found by clicking on “Quick Links.” More information for students and helpful links can be found under the main menu heading “Student Life.”
- On some devices, the navigation menu will not appear and users must choose “Menu” option and use the drop-down arrows to navigate the site.



June Superintendent's Message: Thank You

As we approach the end of the 2020-2021 school year, I would like to take this opportunity to thank you all for your contributions to education. It certainly has been an interesting and challenging year as we continually adjust to the changing landscape of the pandemic.

First and foremost I wish to thank our students. We recognize the uncertainty the pandemic brings to the lives of our students and you all deserve to be commended for your resiliency, adaptation, and dedication to your studies. To our graduates, we are very proud of each one of you and wish you all the best in your future endeavors. We know this is not the way you imagined graduation to be, and my heart goes out to you. To all our students, please know that the positive impact you have in your school, community and society is far-reaching and makes a difference. I am very humbled by the countless examples of collective and personal accomplishment, growth, school, and community spirit demonstrated this school year, especially during these challenging times.



Thank you to our parents, guardians and family members for your outstanding support and involvement. The way our families have rallied together to support learning at home, to provide child care, and to support one another is absolutely incredible. The COVID-19 pandemic has shown us what we can accomplish when we work together and our families deserve to be commended for their tireless efforts to support students learning at home. The pandemic has certainly caused a variety of stressors to our lives and for our parents who are already juggling many roles and responsibilities, thank you. I recognize and appreciate the time, sacrifice, coordination and effort you have and are all making.

To our staff, thank you. You continue to rise to the occasion in your dedication and flexibility in ensuring students are supported whether that be at-home or in-person, and for so many of our staff, this means both. Your resiliency, creativity, dedication and adaptability are noticed and is very appreciated. It has been a learning curve for all of us and the ways in which our staff throughout the division are collaborating and supporting one another is a true example of our mission statement "Learning together, success for all." Every role in the division has a direct impact on student learning and success and I am so grateful for the care, support and guidance that I see demonstrated every day in the division.

Thank you to our community members and organizations. We are very grateful for your involvement and participation in education. Your support and involvement shows our students the importance of teamwork and community spirit – very important attributes that will serve them for all of their lives. We are very thankful for your time spent volunteering, providing input, advocating, and forming partnerships throughout our school division that brings increased opportunities for students and increases community and school spirit. Your support is significant and very much appreciated.

In closing, I would like to extend my deepest appreciation to all our school communities for their commitment to the division over the years. As I move toward retirement starting at the end of August, I have been spending a lot of time reflecting and counting my blessings for the many relationships and partnerships formed over the years. I will miss you all and I wish you all a wonderful summer.

Paul Bennett,
PRSD Superintendent of Schools



Congratulations to Paul Rowe staff who recently received long-service awards from Peace River School Division: Terra Goodzeck (5 years), Matthew Taylor (10 years) and Tamara Czaban (10 years)!



School Happenings

Education Week & Mental Health Week

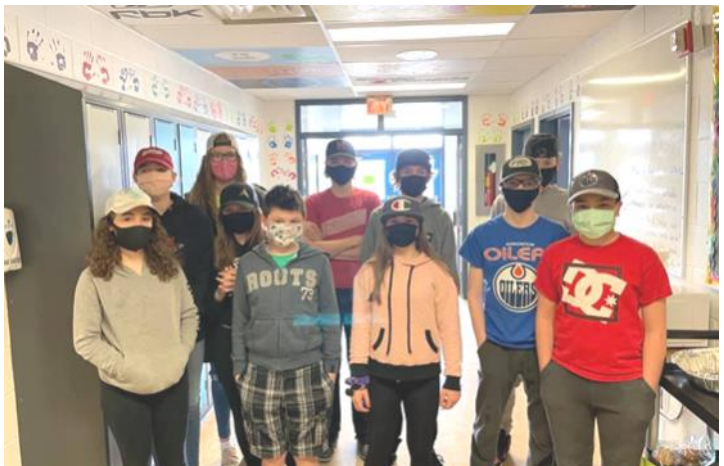


Our annual Education Week “handprint” tradition continues! Each year, students who are new to Paul Rowe leave their mark on our school!



To start off the week, students were provided with fresh, healthy snacks at morning break.

Pets are proven to relieve stress! Thank you to Ms. Thornton for bringing her pet for a visit!



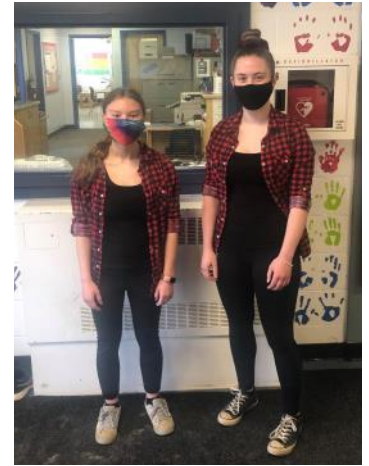
Tea (which is known to lower levels of the stress hormone cortisol) was served during SOLE block.

Students put their “Hats On! for Mental Health Day” to raise awareness of good mental health.

Thanks to Community Actions for Health & Well-Being (CAHWB) for the latest shout-outs from Jake Neighbours from Mikael Backlund (Calgary Flames) and Jake Neighbors (Edmonton Oil Kings)!

School Happenings

SCOER Spirit Days



We were seeing double, triple and even quadruple for SCOER's Twin Spirit day!



Formal Day was a huge success, with classes competing for an ice cream sundae party!



Throwback Thursday had us reflecting on the past!



Congratulations to the grade 10-1 cohort for winning the ice cream sundaes from SCOER! This cohort had an astounding 91% class participation in our May formal day!

Check out all of the fun SCOER events that are being planned for June on our school events calendar!

School Happenings

SOLE Rewards Program Underway



Students have been redeeming their SOLE cards for their choice of prizes! Each class, students have the opportunity to earn SOLE cards, based on criteria related to Respect for Self, Others, Learning and the Environment! Apple Air pods, gift cards to local businesses and snacks are some of the prizes that have been claimed so far!

Extra Meals for Students



Thanks to special nutrition funding for 2020-2021, our school was able to provide students with extra free breakfasts, snacks and hot lunch days. A big thank you goes out to Terra Goodzeck for all of her work coordinating our school Food for Thought and Hot Lunch programs!

Forestry Presentation Prize Winners



Congratulations to our Forestry Expo prize winners! Students names were randomly drawn from participants of a province-wide virtual Forestry career fair that was held in April. Thanks to the sponsors of these prizes: Manning Forest Products, Tolko, and Careers Next Generation!



Extra-special thanks go out to:

- Shelly and Reanna Lemon for the staff appreciation cookies!
- Empire Home Building Centre for their donation of odds and ends for our shop program!
- Theresa Bieraugle for the donation of school supplies for our students!
- The Karpiak Family for the treats!
- Grimm's Truck Stop for the coffee creamers!

Meanwhile in Class



The senior high Psychology class tested each other's memory skills in memory skills stations activity!



Senior High Foods students jumped right back into in-person learning with a delicious bannock making lesson!



Senior high Aboriginal Studies students moved outdoors to learn about smudging and protocols surrounding the traditional smudge of sage, sweet grass, cedar and tobacco.



Indigenous Liaison Worker from the Manning Learning Centre, Georgina Supernault, met with our Aboriginal Studies class to discuss the Adult Learning Centre, Métis association and give students opportunity to ask questions about how to apply for Métis cards, scholarships and bursaries. Thank you Georgina!!



Science 7, 8, 9, 24, Biology 20 and Chemistry 30 had a unique experience as they participated in the Canada Wide Science Fair STEM Expo! This expo had various science based speakers, interactive booths, videos and projects that the classes explored in a virtual platform.

Special thanks go out to Mr. Pittman from T.A. Norris Middle School for sharing this opportunity with our students!

We are Seeking Volleyball Coaches for Upcoming Season!

If interested, please contact David Hyatt via our school website or through our school office.

Congratulations to the Class of 2021!



McKayla Ambury



Erin Bigler



Kyra Clow



Clay Coulter



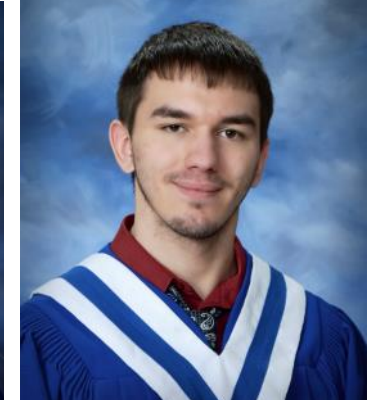
Kelsey Coulter



Halle Cousins



Kayli Cove



Barrett Dawydiuk



Jerome DeJesus



Josh Eligado



Brenden Fedorowicz



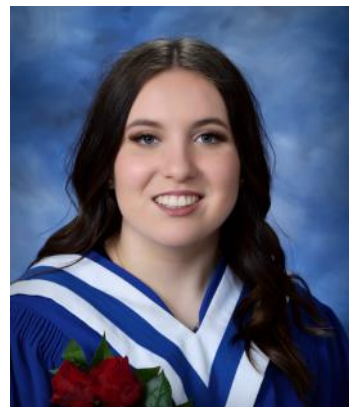
Rory Galbraith



Jada Gardecki



Marlon Genese



Taya Gibson-Ducharme



Skylar Gummesen

Congratulations to the Class of 2021!



Kellsie Jungnitsch



Nicholas Kamieniecki



Ainsley Karlson



Tanner Lindberg



Saydee Lorencz



Trixie Marasigan



Tristan Neufeld



Tyler Pashko



Mya Petkus



Levi Pharis



Josh Ponce



Kara Rever



Laurel Rosenfeldt



Chloe Vandemark



Kara Walisser



Anderson Wilson

PRSD Spotlight on Health & Safety: Sun Safety


Summer means longer days, warmer temperatures and lots of outdoor activities! This can lead to many hours spent outside increasing the chance for heat-related illness. To protect yourself from the sun apply sunscreen often, take breaks during activity, stay hydrated and wear lightweight clothing.

Please visit the following websites for further information on sun and summer safety:

- <https://www.redcross.ca/training-and-certification/first-aid-tips-and-resources/first-aid-tips/heat-related-emergencies-staying-cool-and-hydrated-in-canadian-summerns>
- <https://www.nsc.org/home-safety/tools-resources/seasonal-safety/summer/heat>
- <https://www.parentscanada.com/family-life/summer-safety-101/>
- <https://www.getprepared.gc.ca/cnt/rsrscs/sfttps/tp201407-en.aspx>



David Smith
PRSD Safety & Wellness Coordinator



Check out the Alberta Health Services Healthy Teens parent newsletter for a great article: "ACTIVE TRAVEL FOR TEENS DURING COVID-19"

A print copy of the Healthy Teen publication is included with every monthly mail out from Paul Rowe Jr./Sr. High School. To view digital copies of the newsletter visit <https://www.albertahealthservices.ca/topics/Page17212.aspx> >Monthly Newsletters.

Links to the "Healthy Children" newsletter can also be found on this page.



School trustees advocate for children. They help make schools and communities a better place.

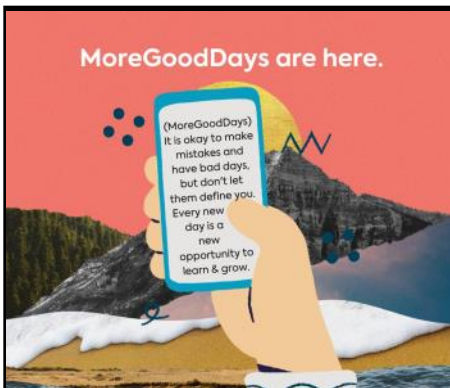
RUN

for the School Board Elections

Nominations are being accepted until noon on September 20, 2021

LEARN MORE:
prsd.ab.ca/Trustees.php

Peace River School Division
Learning Together - Success for All



MoreGoodDays are here.

(MoreGoodDays) It is okay to make mistakes and have bad days, but don't let them define you. Every new day is a new opportunity to learn & grow.

MoreGoodDays: A daily dose of inspiration & advice for youth!

In partnership with MyKick Stand, Alberta Blue Cross is excited to launch #MoreGoodDays, a youth-centered adaptation of #Text4Hope. #MoreGoodDays aims to help young people shift their perspective and give them something positive to build on!

Try it out by texting "MoreGoodDays" to 393939.



JUNE 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
6	7 *No School for Students (Staff Meeting/PD Day)	8 *First Aid Group 1 Day 1 (Tentative) *SCOER Meeting	9 *First Aid Group 1 Day 2 (Tentative)	10 *Staff Pet Day	11 *Crazy Sock Day (SCOER Spirit Day) *Chili & Bun Hot Lunch for Students (FREE!) *SCOER Selfie Scavenger Hunt ends	12
12 *PAUL ROWE SENIOR WEEK hosted by SCOER and the Class of 2021	14 "Guess the Grad" competition begins	15 *Door Decorating at SOLE Block	16 *Career Day *Grad Parade	17 *SCOER Rainbow Colour Day Class Challenge *Hot Dog Hot Lunch for Students (FREE!) *Eagle Feather Ceremony *Naloxone Presentation for Grade 9-12 students	18 *SCOER Grad Celebration Kahoot "Guess the Grad" competition ends	19
20	21	22 *Hat & Shades Day (SCOER Spirit Day) *Last day of scheduled classes for grades 7-12	23 *Course completion day	24 *Course completion day	25 *Course completion day *GRAD 2021 CELEBRATION	26
27	28 *Operational day for staff	29	30	AUGUST: 25 Staff Meeting/PD Day 26 PD Day Kick-Off 27 Operational Day 30 First Day of Classes for Students		